



Oakridge School Menu: **Week One**

Fresh fruit, salad pots,
wholemeal bread and fresh
milk available every day.
Lactose-free milk available on
request.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option 1	Vegan sausage with mash and steamed green beans (vg)	Macaroni cheese with crusty bread and steamed cauliflower (v)	Vegan fillet with mash and steamed mixed vegetables (vg)	Cheese and tomato pizza with potato wedges and steamed peas (v)	Cheese and mixed pepper quesadilla with chips and baked beans
Main Option 2	Chicken hotpot with mash and steamed green beans	Chicken korma with brown rice and steamed cauliflower	Roast chicken with mash and steamed mixed vegetables	Barbeque pulled pork wrap with potato wedges and steamed peas	Fish fingers with chips and baked beans
Main Option 3	Jacket potato with cheese, beans or tuna served with salad or vegetables				
Main Option 4	Cheese, ham or tuna sandwich, made with 50/50 bread served with popcorn(over 5's) and a piece of fruit				
Dessert Option 1	Oaty biscuit (vg)	Chocolate shortbread	Home-baked biscuit/cake	Iced vanilla traybake	Home-baked biscuit/cake
Dessert Option 2	Fruit jelly (vg)	Fruit topped strawberry mousse	Fruit jelly (vg)	Apple and blackberry crumble (optional custard) (vg)	Ice cream

Fruit or yoghurt available as a dessert alternative every day

$$x + (1-y) =$$



Oakridge School Menu: **Week Two**

Fresh fruit, salad pots,
wholemeal bread and fresh
milk available every day.
Lactose-free milk available on
request.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option 1	Vegetarian lasagne with crusty bread and steamed green beans (v)	Cheese and tomato pizza with hash brown bites and spaghetti hoops (v)	Vegan sausage with mash and steamed mixed vegetables (vg)	Tomato soup with crusty bread and salad (v)	Vegan fishless fingers with chips and baked beans (vg)
Main Option 2	Chicken pie with mash and steamed green beans	Sweet chilli chicken wrap with hash brown bites and spaghetti hoops	Gammon with mash and steamed mixed vegetables	Turkey Bolognese with crusty bread and steamed peas	Fish fillet with chips and baked beans
Main Option 3	Jacket potato with cheese, beans or salmon served with salad or vegetables				
Main Option 4	Cheese, ham or salmon sandwich, made with 50/50 bread served with popcorn(over 5's) and a piece of fruit				
Dessert Option 1	Shortbread (vg)	Chocolate traybake (optional custard)	Home-baked biscuit/cake	Ginger oaty biscuit (vg)	Home-baked biscuit/cake
Dessert Option 2	Fruit jelly (vg)	Peach cobbler (optional custard)	Fruit jelly (vg)	Cheese and crackers	Ice cream

Fruit or yoghurt available as a dessert alternative every day

$$x + (1-y) = ?$$

$$x + (1-y) = ?$$



Oakridge School Menu: **Week Three**

Fresh fruit, salad pots,
wholemeal bread and fresh
milk available every day.
Lactose-free milk available on
request.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option 1	Creamy tomato pasta bake with crusty bread and steamed sweetcorn (v)	Vegetarian tikka masala with brown rice and steamed peas (v)	Cheese and tomato quiche with mash and steamed mixed vegetables (v)	Roasted vegetable and hummus wrap with herby diced potatoes and steamed sweetcorn (vg)	Cheese whirl with chips and baked beans (v)
Main Option 2	Sweet and sour chicken with brown rice and steamed sweetcorn	Beef lasagne with crusty bread and steamed peas	Roast chicken with mash and steamed mixed vegetables	Pepperoni pizza with herby diced potatoes and steamed sweetcorn	Fish fingers with chips and baked beans
Main Option 3	Jacket potato with cheese, beans or bolognese served with salad or vegetables				
Main Option 4	Cheese, ham or tuna sandwich, made with 50/50 bread served with popcorn(over 5's) and a piece of fruit				
Dessert Option 1	Oaty biscuit (vg)	Chocolate brownie	Home-baked biscuit/cake	Toffee cake (optional custard)	Home-baked biscuit/cake
Dessert Option 2	Fruit jelly (vg)	Cheese and crackers	Fruit jelly (vg)	Apple pie (optional custard) (vg)	Ice cream

Fruit or yoghurt available as a dessert alternative every day