


Reach for the Stars

PSHE Intent:


Personal, social, health and economic education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised and governed and British Values are promoted through the overarching aims and objectives of our curriculum. We ensure that they understand and experience the process of democracy in school through learning and other activities such as the election of pupil voice ambassadors. We ensure that children are aware of safety issues and basic first aid. We teach them about rights and responsibilities, and also link this to economic development. They learn to appreciate what it means to be a positive member of a diverse multicultural society. Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives. Our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.



PSHE Curriculum Drivers:

Key Driver	Promoting	Rationale and Evidence
<p>Developing lifelong learners</p>	<p>Metacognition through the canopy of The Oakridge Way</p> 	<ul style="list-style-type: none"> • Resilient: During PSHE, we explicitly reference the quality of resilience and explore this when thinking about 'Dreams and Goals'. Throughout learning we promote the fundamental British values which helps build children's resilience and confidence in the choices they make. • Reflective: Through class discussion and debate, they have opportunity to reflect upon their own and others' ideas and opinions. • Resourceful: Children are encouraged to make links in their learning, pose thoughtful questions and learn from one another. • Reciprocal: When working in small groups or pairs, children share knowledge, ideas and opinions.

	<p>Unique discipline in each subject</p>	<p>There are six area of learning that are designed to progress in sequence from the start of each academic year:</p> <ul style="list-style-type: none"> • Being Me in My World • Celebrating Difference (including anti-bullying) • Dreams and Goals • Healthy Me • Relationships • Changing Me
	<p>Secure fundamental basic skills in Reading Writing and Maths</p>	<ul style="list-style-type: none"> • Children have opportunity to apply their reading and writing skills within PSHE. • Speaking and Listening learning activities also form a significant part of the curriculum.
Key Driver	Promoting	Rationale and Evidence
Enrichment	<p>Education visits, visitors, theme days, after school clubs, paired year group work</p>	<p>PSHE learning enriched in many ways including:</p> <ul style="list-style-type: none"> • Over night stays from Y1 to a week-long residential overseas in Y6 • Celebrating national events such as children’s mental health week, e-safety day, anti-bullying week, children in need, comic relief and others • Community events such as singing at the local luncheon club, the Pyramid concert, and ‘time to talk’ events such as bingo • Delivery of assemblies such as ‘Be Bright, Be Seen’ and ‘Air Aware’ by the local council • Visits across the curriculum such as art galleries, museums and theatres • Election of a pupil voice council enables children to see democracy in action • Carefully planned assemblies reflect British Values and all aspects of ‘The Oakridge Way’ • Theatre workshops such as the Saltmine theatre e-safety production help children know how to keep safe on line • Bikeability in Y4 and 6 allows children to ride safely on roads • Local walks enable children to practise road safety skills • Swimming lessons enable children to be safe and confident near water
Key Driver	Promoting	Rationale and Evidence

<p>Making a positive contribution</p>	<p>The roots of 'The Oakridge Way'</p> 	<ul style="list-style-type: none"> • Children have opportunity to display each 'root' throughout their PSHE learning with 'respect' underpinning all discussion and learning. • When children develop their learning charter, the Oakridge Way is used to underpin the discussion and choices.
	<p>British Values</p>	<p>Learning stickers are used to highlight to children which of the British Values are being reflected in their current learning. Children are also asked to reflect on this themselves for example by being asked: How did today's learning link with the British value of Individual Liberty?</p> <p>Respect and Tolerance</p> <ul style="list-style-type: none"> • Each year we re-visit 'Celebrating Difference' which promotes mutual respect and tolerance. Children celebrate differences in everyone, challenge assumptions and stereotypes, recognise how words can be hurtful, give and receive compliments, explore cultural differences and how this can lead to conflict, challenge perceptions of normality, explore racism, discuss inclusion/exclusion, explore 'differences as conflict' and 'difference as celebration', as well as showing empathy amongst other areas of learning. <p>Individual Liberty</p> <ul style="list-style-type: none"> • Each year we re-visit 'Being Me in My World' 'Dreams and Goals' and 'Healthy Me'. Within school, pupils are actively encouraged to make choices, knowing that they are in a safe and supportive environment. Our pupils are encouraged to know, understand and exercise their rights and personal freedoms and are advised how to exercise these safely. <p>Rule of Law</p> <ul style="list-style-type: none"> • The importance of laws whether they are those that govern the class, the school or the country, are consistently reinforced. Our pupils are taught the value and reasons behind laws, that they govern and protect us, the responsibilities that this involves and the consequences when laws are broken. <p>Democracy</p> <ul style="list-style-type: none"> • During 'Being Me in My World' children explore democracy. They explore owning the learning charter; being a school citizen; rights, responsibilities and democracy; having a voice and participating; group dynamics and being a global citizen.

	Healthy Relationships	<ul style="list-style-type: none"> Our curriculum helps to deliver and promote healthy relationships by re-visiting the topic each year in an age appropriate way. Relationships in the real world, as well as online, are explored. During learning, we work hard to establish a safe, open and positive learning environment based on trusting relationships between all members of the class, adults and children alike. To enable this, it is important that 'ground rules' are agreed and owned at the beginning of the year and are reinforced in every unit. The first lesson plans of the Being Me in My World Puzzle enable this.
Key Driver	Promoting	Rationale and Evidence
Developing character	Resilience	<ul style="list-style-type: none"> During 'Being Me in My World' children explore resilience. They explore: tackling new challenges; identifying and overcoming obstacles; feelings of success; perseverance; learning strengths; motivation and enthusiasm; recognising and trying to overcome obstacles; managing feelings; overcoming disappointment; emotions in success and learning to 'fail well'.
	Independence	<ul style="list-style-type: none"> Children are encouraged and supported in knowing that they are independent, have independent beliefs and make independent choices. They learn about how to keep themselves healthy and the steps they can take to achieve this. They learn about healthy friendships and the steps they can take to resolve conflict. They learn about qualities such as assertiveness and taking responsibility.
	A celebration of effort and hard work	<ul style="list-style-type: none"> We celebrate when children display our values during their learning and in their outcomes. Marking in books reflects not only the outcomes but also the effort put into achieving the results. Headteacher and Deputy Headteacher stickers are used to celebrate children who have demonstrated 'The Oakridge Way'.